



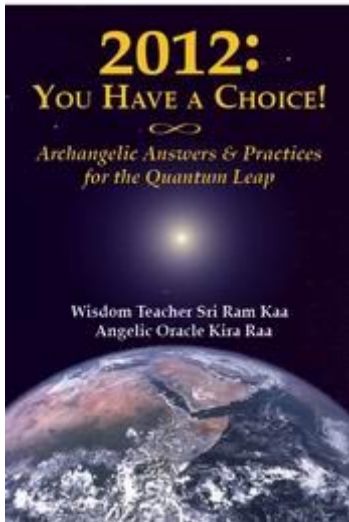
New Age Books Abroad

Volume 6, Number 1, Spring 2007. A Division of New Paradigm Books. 22491 Vistawood Way, Boca Raton, FL 33428, Tel.: (561) 482-5971 or (800) 808-5179, FAX: (561) 852-8322, E-mail: <johnhalifax@bellsouth.net> or <darbyc@earthlink.net>, Web: <http://www.newpara.com>.

New Age Books Abroad, Vol. 6, No. 1, contains ads for New Age titles recently published in the U.S. Most foreign rights are still available. If a title interests you, email the publisher and ask for a complimentary copy, or email us (<johnhalifax@bellsouth.net>/<darbyc@earthlink.net>) and we'll forward your request. **See p. 2 for Table of Contents.**

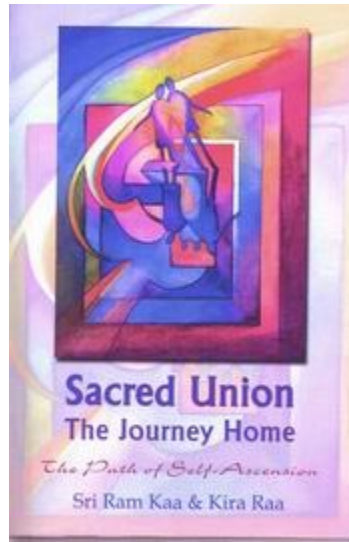
2012: You Have a Choice!

Sacred Union: The Journey Home



Archangelic Answers and Practices for the Quantum Leap

By Sri Ram Kaa and Kira Kaa



The Path of Self-Ascension

By Sri Ram Kaa and Kira Kaa

ISBN # 0-9749872-1-2. Paperback. 6" x 9." 262 pp. May 2006. TOSA Publishing, LLC. \$19.95.

On this planet, for the first time ever, in this new prophetic book, the authors share information and practices that have been delivered from the Archangelic Realm specifically for this time in our history. This powerful book addresses questions many are afraid to ask and opens the doorway to greater appreciation of who we are and why we are here and the choice we have before us now. Experience the joy of this time with Wisdom Teacher Sri Ram Kaa and Angelic Oracle Kira Raa, the "Mystical Couple of Our Time," as you enter into a mystical journey that will bring forth cellular recognition of your Authenticity.

Wherever you are in your belief system, on whatever level you are seeking—from living in fear, to living in joy, to in-depth discussions on mindblowing cosmological discourses and otherworldly discourses—*2012: You have a Choice* is relevant.

Is Humanity ready for a New Horizon? Is time speeding up? Sensing a deeper soul purpose? If you answered Yes to any of these questions—Congratulations! You are awakening from a dream and ready to take charge of your destiny. Discover why our world is polarizing. Learn to experience Joy within global anxiety. Discover that Multidimensional existence is real and that you are already there. Angels are here, have a lot to say, and show you how to create miracles. There are four basic soul groups; identify your own and that of your true Soul Mate. Remember Why You Are Here, Now!

"Beyond being another New Age tome for healing your life, this book engages us, challenges us, and frees us from our own preconceptions and blocks to reality. We are rocketed into what they call the 5th dimension, while being real people." - Spirit of the Valley, Winter 2006.

About the Authors: **Angelic Oracle Kira Raa** and **Wisdom Teacher Sri Ram Kaa** (a gifted psychotherapist and medical intuitive) have been referred to as "The Mystical Couple of Our Time," and travel the world sharing a new vision of the future and teaching a path of self-ascension that recognizes the individual as the knower and joy as our birthright.

Founders of the TOSA Center for Enlightened Living and the Avesa Quantum Healing Institute in Tijeras, New Mexico, they are teachers, mystics, speakers, radio show hosts and bestselling authors.

ISBN: 978-0-9749872-2-4. Paperback. 6" x 9." 160 pp. 2004. TOSA Publishing, LLC. \$17.95.

Choosing to depart from their traditional American lives as successful business owners and former CEOs, Sri Ram Kaa and Kira Raa embarked on a journey of mystical enlightenment toward Self-Ascension. They activated a soul agreement, a spiritual opening that brought in angelic visitations, visions of a possible new earth, and the transformation of their bodies, minds, and hearts. This is no ordinary love story. They are drawn like magnets to the edge of their comfort zones, where they discover time and again that Trust is inseparable from Love. This is the state of Being that cultivates the Path of Self-Ascension. *Sacred Union* readers will learn:

- To love themselves unconditionally;
- That Joy is a choice, the building block of Self-Ascension;
- How to transform daily life, with or without a partner, into an experience of Divine Sacred Union;
- The healing ability of true Soul Nourishment;
- The power of Authentic living and Gratitude;
- How to effectively use Transparent Communication to improve relationships with anyone!
- Why sex, healing and Divine Union are Sacred gifts;
- That we are all evolving, and WE are not ALONE in the process!

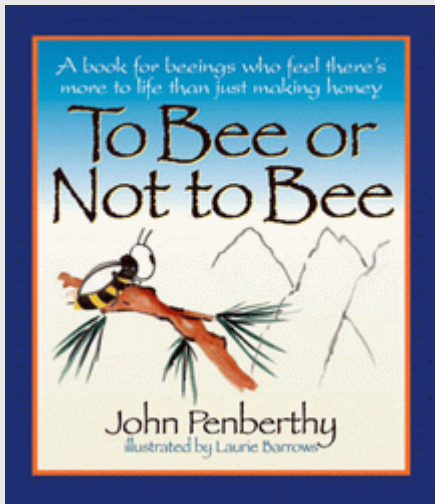
"...Offers powerful guidance. With topics ranging from the existence of soulmates to the truth about Atlantis, from Karma to the choices our energies will make, [it] offers a great deal of information." - Bookreviews.com.

"...Simple practices that are multidimensional and can be understood and followed by people of all religions." - Awareness magazine.

ALL RIGHTS AVAILABLE for both titles. Contact: Jerrold Larson, Manager TOSA Publishing, LLC, P.O. Box 457, Tijeras, NM 87059 Tel.: (505) 286-9267, FAX: (800) 363-8997 Email: office@tosapublishing.com, Web: http://www.tosapublishing.com.

To Bee or Not to Bee

By John Penberthy



ISBN # 0976864207. Paperback. 112 pp. 49 illustrations. July 2005. Panorama Press, Inc. \$14.95.

Now translated into seven languages, *To Bee or Not to Bee* is of a unique and underrepresented genre: an illustrated spiritual allegory. Fresh, different, clever, humorous, yet spiritually sophisticated, it's the story of a disillusioned worker bee who, with the help of a new friend, finds fulfillment amidst the mindless tedium of life in a honeybee colony. Imagine that stifling existence—build the hive, forage, feed the larvae, store honey and pollen, sleep. Repeat. Throw in some curiosity and spiritual yearning, and you get this inspiring and heartwarming tale. Magically illustrated by award-winning artist Laurie Barrows, *To Bee or Not to Bee* is the story of Buzz Bee's search for God. What he ends up finding is himself. Hmmm. Peppered with aphorisms and laced with wit and humor, *To Bee or Not to Bee* teaches that the only way out is in, that the greatest present is the present, and that life is a journey from I to we. No matter what your spiritual path, this touching tale will leave a smile on your face and a glow in your heart.

"A book for the child in all of us...a simplicity that is powerful, a purity that reminds us of the Light we all are." - Dan Millman, author, *Way of the Peaceful Warrior*.

"...When the flower opens, the bees come uninvited—this is one of those bees. A fable of delightful lightenment." - Stephen Levine, author, *Healing into Life and Death*.

"This tender allegory mirrors our learning to Bee Here Now." - Ram Dass, author, *Be Here Now*.

About the Author: John Penberthy's first conscious memory is of being stung by a bee at age one! He grew up in South Florida, earned an MBA, and spent twelve years consulting for proposed banks and commercial real estate developments in the Rocky Mountain region. Subsequently he coordinated a vitamin A fortification (blindness prevention) project for Helen Keller International in Indonesia and later managed the 70,000-acre Cache River Bioreserve for The Nature Conservancy. His striving to see the Divine in all things led him to write *To Bee or Not to Bee*, which came to him in meditation. He lives in Boulder, Colorado with his wife and daughter.

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NEW AGE BOOKS ABROAD Vol. 6, No. 1

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The Lost Slipper of Soul

By Stefan Garris Meyer



Rest Points in Eternity

By Stefan Garris Meyer



ISBN # 0-9744927-1-X. Paperback. 360 pp. January 2006. Spiritual Traveler Press. \$14.95.

The focus of this sequel to Hermann Hesse's celebrated *The Journey to the East* is an ancient spiritual order that has taken the form of a New Age religion. As it attempts to compete in the spiritual marketplace, a single initiate puts its claim to preeminence among other spiritual groups—and his own loyalty—to the test through a determined effort of questioning and investigation.

The Lost Slipper of Soul is a guidebook to contemporary spirituality that illustrates the necessity of becoming detached from those ideas, viewpoints, and expectations that are all too easily formed in the process of following a spiritual path. People like to be told that spirituality is easy, that changing one's state of awareness is just a matter of chanting a mantra, repeating an affirmation, or writing down a list of resolutions. Nothing could be further from the truth. The mind will put up every conceivable obstacle to revealing its own assumptions and habitual patterns. To turn a searchlight on oneself requires courage and persistence. Reaching for true liberation is the highest goal one can have, but it is also the most difficult. For one to succeed in this quest, one's desire cannot be lukewarm. It must be a passion.

We live in an age when spirituality is sold to us as a kind of commodity—increasingly equated with self-reliance and allied with success. *The Lost Slipper of Soul* is an antidote to this reigning myth of our contemporary self-help culture. It asserts that spirituality is not about getting what we desire in life or even about guaranteed salvation in the next. It is only about living up to our full potential in order to become an agent for a higher cause.

This is what Carol Givner, president, Gold Coast Fiction Writers, editor, Wordsmith, and author, *Bing, Bang, Boom and Steam Heat*, among other works of bestselling fiction, has to say about Stefan Meyer's *The Lost Slipper of Soul* and *Rest Points in Eternity*:

"In *The Lost Slipper of Soul*, Stefan Meyer has crafted a philosophical work of art that delves into the deepest recesses of the human mind, where curiosity meets skepticism. What is our purpose in what we see and in what we do not know? Where will we find serenity? The answers lie within us, in places we fear to go without a guide. *The Lost Slipper of Soul* opens pathways that lead the human spirit to purpose, meaning, frailty, and courage. Stefan Meyer provides a beautifully written, illuminating approach to life, its foibles, and its triumphs.

"In *Rest Points in Eternity*, Stefan Meyer defines the map of identity in human consciousness through reincarnation, karma, and his personal experiences. He explores the concept that all events endure throughout eternity and leave a cutting impression on the psyche of generations to come. His fascinating research concerning the reincarnation of T. E. Lawrence, and his disturbing presentation of the psychological devastation of Holocaust victims, contribute to the topography of the spirit. *Rest Points in Eternity* is a brilliant reminder that we are always in the company of our past."

ISBN # 0-9744927-2-8. Paperback. 344 pp. August 2006. Spiritual Traveler Press. \$14.95.

Stefan Garris Meyer is the author of three books. His first book, *The Experimental Arabic Novel*, is a scholarly survey of postcolonial modernist literature in the Middle East. His second book, *The Lost Slipper of Soul*, is a contemporary sequel to Hermann Hesse's celebrated novel, *The Journey to the East*, that focuses on the League, an ancient spiritual teaching which has taken the form of a new age religion. His third book, *Rest Points in Eternity*, is an exploration of identity that examines the main character's connections with both his genealogical family and the lingering personality of T.E. Lawrence, known to the world as Lawrence of Arabia.

It can be said that a man is not actually born when he comes out of the female body, since he doesn't know yet that he is born. He is actually born when he first obtains the knowledge of his birth. So it is when a revelation of great magnitude bursts upon a person's consciousness with the power to change his trajectory in life and introduce into it an entirely new factor of causation. This book centers on such a revelation. The ultimate lesson of this experience is that we are all on, and have been on, a mission. That mission is to help others find spiritual freedom, and by doing so to gain freedom for ourselves.

Stefan Meyer's body of work to date bears comparison with T. E. Lawrence's three major pieces of writing, *Crusader Castles*, *The Seven Pillars of Wisdom* and *The Mint*. A careful reading of the works of these two writers will reveal similar preoccupations that transcend the vastly differing cultural and historical contexts in which they were written. With his last two books, Stefan Meyer has claimed a place as a contemporary writer of courage and spiritual stature.

About the Author: Stefan Garris Meyer earned a Ph.D. in comparative literature from Rutgers University in 1996 and published a scholarly book on Arabic literature (*The Experimental Arabic Novel*, SUNY Press) in 2001. He founded Spiritual Traveler Press for the purpose of publishing books on fiction, metaphysics, and spirituality, and has given numerous public talks on the subject of following a contemporary spiritual path.

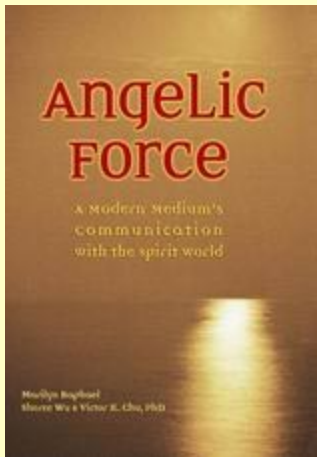
ALL RIGHTS AVAILABLE for both *The Lost Slipper of Soul* and *Rest Points in Eternity*.

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ANGELIC FORCE

A Modern Medium's Communication with the Spirit World

By Marilyn Raphael, Sheree Wu & Victor K. Chu



ISBN # 0-9773602-0-2. Hardcover. 6 x 9. 296 pp. 4 Illustrations. July 2006. DoubleLight Publishing. \$24.95.

A compelling and candid portrait of a modern psychic medium, *Angelic Force* describes the many challenges trance medium Marilyn Raphael faces in her work and the many ways she has changed people's lives. *Angelic Force* delivers messages from the departed and vividly shows that life and love continue after the physical demise. For those who considered death an ultimate barrier, this book will be an eye-opener, thanks to the people who shared their communications with loved ones from the other side.

Without appealing to religious terms or mystical doctrines, *Angelic Force* helps us clear our confusion about the spirit world and encourages positive thinking toward the various psychic phenomena in our daily lives. Marilyn has no human teachers. Her spirit teachers include James, a brother of Jesus; Eileen Garrett, one of the most respected mediums of the 20th century and founder of the Parapsychology Foundation in New York City; June, a Chinese medicine woman from the 1500s; and Ernest Hemingway, the renowned American novelist. These spirits have enriched Marilyn's life in ways large and small, and have helped her enrich the lives of many.

"*Angelic Force offers an engaging, informative, and intriguing perspective in the form of a study of outstanding abilities granted at birth to Marilyn Raphael... [It] is very strongly recommended to all students of ethereal studies and metaphysics for its conceptual content, precise information, and open-minded perspective.*" – *Midwest Book Review*, July 15, 2006.

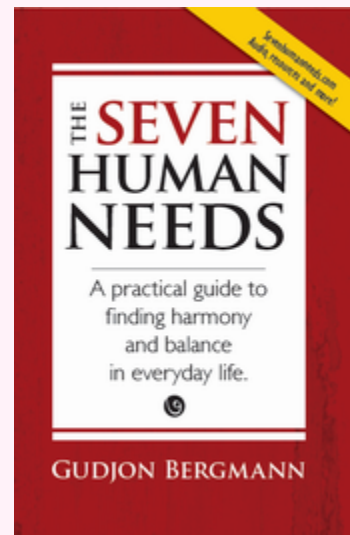
ABOUT THE AUTHORS: **Marilyn Raphael** is a full-trance medium involved in experimentation and research into psychic phenomena. A teacher of spiritual and psychic development for over thirty years, she has been a guest on numerous TV and radio shows. **Sheree Wu** is a bilingual writer and has been a sales and marketing professional. She holds an M.A. in Journalism from the University of Texas (Austin). **Victor K. Chu** has a Ph.D. from the University of California (Berkeley) and is a winner of the NASA Space Act Award.

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THE SEVEN HUMAN NEEDS

By Gudjon Bergmann



ISBN # 1419636669. Paperback. 172 pp. September 2006. \$15.99.

In his innovative new book, *The Seven Human Needs*, yogi and practical philosopher Gudjon Bergmann reveals the secrets to balancing the seven human needs to create one great life. Using metaphors and illustrations, he provides a unique blend of ancient and modern wisdom that is power-packed with practical advice and thought-provoking questions.

"*An encouraging, practical, and viable guide to better understanding oneself and what one requires from a healthy and happy life.*" - *Midwest Review*.

"*Bravo! The book is a beautiful compilation of many facets of a full and harmonious life.*" - Susan Jeffers, Ph.D., author of *Feel the Fear and Do It Anyway* and *Life is Huge!* <<http://www.susanjeffers.com>>

"*The book provides the essential teachings of great masters in an organized simplified fashion for daily application and personal transformation.*" - Yogi Shanti Desai, author of *Yoga Holistic Practice Manual* and *Dynamic Balanced Living*. <<http://www.yogishantidesai.com>>

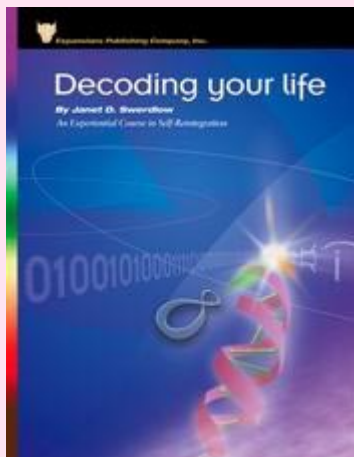
"*A self-development book written by an Icelandic writer, yogi and practical philosopher, this provides a map for developing human happiness and covers a range of subjects, including love, spiritual awareness and money. Practical advice and tips are also provided to help you understand your emotional conflicts and resolve them. Clearly written and easily accessible.*" - *Yoga Magazine*, UK <<http://www.yogamagazine.co.uk>>

ABOUT THE AUTHOR: Gudjon Bergmann currently works as a writer, speaker and yoga teacher. He considers himself a practical philosopher and as such he has written eight books and dozens of mind/body health-related articles, and has hosted two TV series in Iceland. His seventh book, *The Seven Human Needs*, is also his first book in English and was born out of his observations of the difficulty many highly spiritual individuals have experienced with finances, sex and relationships. Gudjon was raised in a New Age environment in Iceland, and his observations and practical applications have come through his work as a speaker and yoga teacher for the last ten years.

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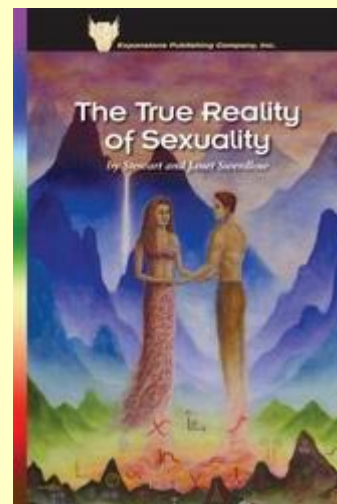
Decoding Your Life: An Experiential Course in Self-Reintegration

By Janet Swerdlow



The True Reality of Sexuality

By Stewart and Janet Swerdlow



ISBN # 0-9740144-6-X. Paperback. 264 pp. III. 2005. Expansions. \$30.00.

Thousands of people worldwide have effectively studied and utilized the methods described in *Decoding Your Life* to implement life changes with ease. Practical and simple, the tools that Janet Swerdlow shares bring immediate results, leading you into new avenues of self-reintegration in a world now designed for compartmentalization.

In this experiential course, you'll easily learn to: find your own answers; define who and what you are; know by knowing; become proactive; create desirable pathways of learning and living; recognize and build upon what you are already doing; go vertical instead of horizontal; effectively design and utilize your own affirmations; meditate; release old habits responses; install effective change; understand the neutrality of all experience; move through illusion; appreciate both positive and negative as teaching tools; recycle your energy; grow more youthful; understand the meaning of color; and use color and design to pull you up into your potential.

You'll also learn to: appreciate both the positive and negative aspects of emotions; understand subpersonalities; discover how your outer life reflects your inner life, and vice versa; utilize your inner power to create in a positive way; define your Oversoul and God-Mind; develop your own definition of spirituality; understand your connection to your Oversoul and God-Mind; communicate with your Oversoul upon request in conscious awareness; and know that you are the most fascinating person you know!

About the Author: Janet Swerdlow was born consciously aware of her Oversoul and God-Mind connections, her abilities having been enhanced through mind-control and programming that began before her birth. Her family has been specifically targeted for generations due to her unique blend of American Indian and Celtic genetics, as well as her Magdalene lineage which extends back through her Waldensian descendance from Southern France. Globally recognized for her fascinating Oversoul research, Janet Swerdlow believes in teaching strong, basic God-Mind concepts in a step-by-step manner that people can use to follow within as deeply as they wish.

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Website: <<http://www.expansions.com>>

ISBN # 0-9740144-5-1. Paperback. 208 pp. III. 2005. Expansions. \$22.00.

First they challenged your spiritual beliefs...then your political beliefs, and now...your sexual belief system is about to go! Globally renowned for their ground-breaking hyperspace/Oversoul research, husband-and-wife team Stewart and Janet Swerdlow clearly and concisely answer questions that only a few even dare to ask.

Delve into your deepest zones of discomfort to discover once and for all how the least talked about area of your life holds the most important keys to your very existence in this physical reality.

Find answers to such controversial questions as: How does sexuality replicate the Original Creative Force of the God-Mind? Is there a global plan to control humanity through sexuality? How is masculine/feminine energy out of balance? What does masturbation have to do with God-Mind? How can you create sexual hyperspace sentences using your body? What do species-minds have to do with sexuality? Why should you wait for the correct sexual relationship? What do the Sexual Trinity of Love, Intimacy & Trust and the Sexual Trinity of Mind-Control have in common? How can hyperspace techniques help to conceive the best child for you? Where did Sexual Magick Rituals originate and why? How is sexual programming installed? How can people be sexually deprogrammed? Why are sexual relationships difficult for specifically programmed people? How do your sexual fantasies describe your personal relationship to the God-Mind? What role does group sexuality have in bringing forth physical manifestations? Is heterosexuality really natural to humankind? Is a third sex evolving?

About the Authors: An internationally acclaimed author and lecturer, **Stewart Swerdlow** is a gifted mentalist, medical intuitive, and clairvoyant who has the ability to see auric fields, personal archetypes and DNA sequences, and to read mind-patterns. His great-uncle, Yakov Swerdlow, was the first president of the Soviet Union, lending yet another intriguing angle to Stewart's personal story. **Janet Swerdlow** was born consciously connected to her Oversoul, and is globally recognized for her fascinating Oversoul research. Janet has the same intuitive gifts as her husband, utilizing the Original Language of Color, Tone, and Archetype to obtain her information. She traces her Magdalene lineage through the Waldensians who are traced back to the times of the apostles.

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SEE BOTTOM OF COLUMN, LEFT, FOR DETAILS.

Blue Blood, True Blood: Conflict & Creation

By Stewart A. Swerdlow



ISBN # 0-9626446-6-8. 256 pp. Paperback. Illustrated. 2002. Expansions. \$25.00.

With his stunning revelations of hidden history and its future implications, Stewart Swerdlow once again challenges you to stretch your intellectual boundaries. Drawing on his intricate, personal involvement in the secret government, including his recent targeting by an Illuminati agent, Stewart discusses the true history of this galaxy, solar system, and the planet earth, as well as how the Illuminati began their plans for society and the earth. A must read, fascinating account that will change your belief system forever!

"This is a controversial book. Whether you agree or disagree, whether you think of it as literal truth or metaphor, you will be captivated by Stewart Swerdlow's theories of galactic history and the future of the planet." - Debra Basham, co-author, Communication and Change--Getting the Results You want with Subtle Communication Systems, founder, Holistic Alliance Center, Saint Joseph, Michigan.

"Fasten your seatbelts as Stewart Swerdlow chronicles a gripping ride through intergalactic history, alien interaction, and a few recent earth-based roller-coaster adventures. One thing is for sure: It's thought-provoking material." - Shannon O'Shea, president, SOS Management, Los Angeles, CA.

"Stewart Swerdlow provides us with a unique angle on reality necessary for anyone wanting to understand history and current events. His lectures and books belong to all humanity. I wish that every global citizen could be exposed to Stewart's ideas!" - Ryan Eliot, M.S.W., co-founder and director, Lighthouse Healing and Educational Research Center, Winfield, IL.

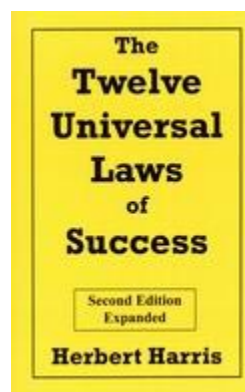
About the Author: Internationally acclaimed author and lecturer Stewart Swerdlow is a gifted mentalist, medical intuitive and a clairvoyant, who has the ability to see auric fields, personal archetypes and DNA sequences, and mind-patterns. His story was first told in *Montauk: The Alien Connection* (Sky Books, 1998).

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The Twelve Universal Laws of Success

2nd Ed., Expanded, By Herbert Harris



ISBN # 0-9748362-1-4. Paperback. 195 pp. 2004. LifeSkill Institute. \$14.95.

A well-organized treatment of the basic principles of personal success. The broad spectrum of self-help approaches are organized into twelve universal laws that are each based on biblical principles. This book is unique in that it refines and reduces religious, philosophical self-help concepts into easy-to-understand action principles. It provides step-by-step processes for overcoming procrastination, obstacles, fear and worry and formulas for setting goals, making plans and getting desired results.

Topics Include: Improving self-image and attitude; overcoming obstacles, fear and worry; building self-discipline; making success plans that work; a daily formula for achieving your goals; principles of wealth building; improving relationships; overcoming procrastination; persistence and getting results. Appropriate for parents, educators, administrators, young adults, college and general audiences.

"Herbert Harris's 'universal laws' are taken from the Bible. He explains each law in clear, practical, understandable language, and shows with clear examples how to apply each law to advance one's life. The laws [are]: Thought, Change, Vision, Command, Magnetism, Focus, Action, Value, Relationships, Supply, Persistence and Truth...[This book] is ideal for small groups." - Church and Synagogue Library Association, March 2005.

"This book is sure to find the approval of every one who reads it, and is going to find its place amongst classic self-help books. Herbert Harris will with this book be a household name in the manner of Dale Carnegie and Napoleon Hill." - BookWire Review, December 2004.

"This by far is one of the most inspiring motivational books I have ever read. I read it from cover to cover and did not want to put it down. The questions from the study guide at the end of each chapter really helped you to reinforce the material. I am going to tell everyone I know about this book. It is awesome." - Michael O., sales instructor, Chicago, Dec. 9, 2004.

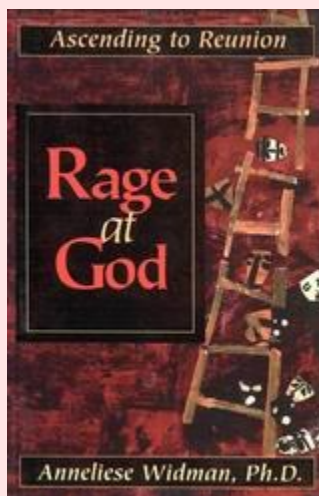
About the Author: Herbert Harris is a retired attorney who is probably the last person to pass the New York State Bar exam without ever attending Law School. He pursued biblical and esoteric studies in Israel, Egypt, and Africa, and studied under Dr. Eric Butterworth, Rev. Ike, Dr. Robert Schuller, Anthony Robbins and Tom Hopkins. Harris writes *Thoughts for Success*, a nationally syndicated newspaper column. His fifth book, *The Twelve Universal Laws of Success, 2nd Ed.* has achieved international acclaim.

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RAGE AT GOD: Ascending to Reunion

By Anneliese Widman, Ph.D



SBN 0-9655067-2-X. Paperback. 218 pp. 1998. Cypress House. \$14.95.

How startling the title of psychotherapist Anneliese Widman's revelatory new book is to us in western culture. Yet, in orthodox Christianity, where God is an authority figure more than a divine force, how inevitable that rebellion against the way things are would be perceived as raging against God's will. And, shocked as we are by the mention of rage at God, how much more shocking is the concept that this very rage can be the key to our self-redemption. That is the unique viewpoint Dr. Widman illuminates through three stunning case histories in this book.

These three case histories illustrate Widman's concept of Reflectivism—the principle that our experiences with our parents purposefully reflect the male and female qualities inherent in ourselves so that, in a very literal sense, we can experience ourselves as others experience us. Through facing the positive and negative qualities of our parents/ourselves, we can cease to blame others—including God—for our pain and separation from God. We “ascend” to forgiveness of ourselves, and to divine reunion.

“Informative, insightful, inspiring reading.” - Midwest Book Review.

“Anneliese Widman, Ph.D, takes you right into the consultation room with three of her clients, revealing in graphic detail how with her unique blend of insights and techniques...she helps unconsciously tortured and torturing human beings find more healthful, hopeful and loving lives and relationships.” - E. J. Svasta, Jr., MSW Faculty, International Institute for Bioenergetic Analysis.

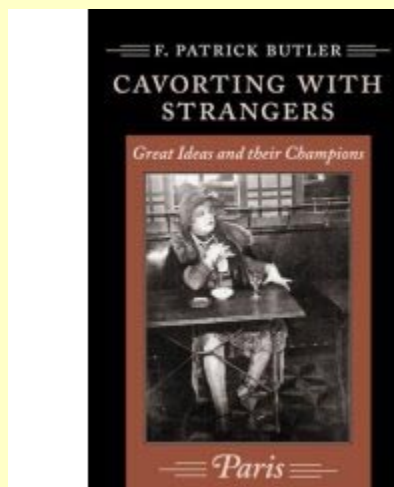
About the Author: Born in Pforzheim, Germany, Anneliese Widman emigrated with her parents to the U.S. at the age of seven. In the 1930's and '40's she danced on the Broadway stage, appearing with Marlon Brando in the 1947 *A Flag Was Born* and dancing in several other Broadway productions. She also appeared in more than six productions of the New York City Opera. She has danced on TV and performed worldwide.

In mid-life she made a dramatic career change into Bioenergetics and psychotherapy, obtaining a B.A. from Hunter College, a Master's Degree from C.C.N.Y., and a Ph.D from The Union Institute. She has presented workshops throughout North America and Europe, training dancers in the concepts of the pioneering Bioenergetics movement. Dr. Widman currently practices psychotherapy in New York City.

ALL RIGHTS AVAILABLE. Contact Cynthia Frank @ 800-773-7782, Cypress House (and other imprints), 155 Cypress St., Fort Bragg, CA 95437, Tel.: (707) 964-9520, FAX: (707) 964-7531, Email: <cynthia@cypresshouse.com>, Website: <<http://www.cypresshouse.com>>

CAVORTING WITH STRANGERS

Great Ideas and Their
Champions By F. Patrick Butler



ISBN # 987-1-879384-71-2. Paperback. 576 pp. 2007. Cypress House. \$19.95.

In the eighteenth, nineteenth and twentieth centuries, Paris was home to some of the most creative people on earth, people we have been taught to honor as revolutionaries of the human spirit. But they were also a sleazy lot. Consider this: Despite fathering the ideals behind the French and American revolutions, bringing down some of the great monarchies of Europe, Jean-Jacques Rousseau's youthful indiscretions included titillating the girls by exposing himself from the dark corners of the village square—and faking insanity when caught. And none other than Victor Hugo, it was rumored, molested his young daughter's first communion companion after Mass, while the incomparable Napoleon, hastening to Paris to save his throne, left his men to die in the Russian snow. Even Coco Chanel collaborated with the Nazis to keep her suite in the Ritz Hotel, exceeding the shenanigans of her contemporary, Jean-Paul Sartre, who simply slept with his lover's students. Conclusion? One need not bend over far to see the underbelly of fame. Their vaunted reputations notwithstanding, these people were just as sick as the best of us. So put away those pompous testaments to their matchless qualities, and their disembodied quotes hung out on the line to impress us. This book isn't about their fresh linens, but the whispered lives of the people who soiled them.

“A spicy buffet of history, the nature of genius, the philosophy of art, and compelling issues that confront us today.” - ForeWord, March 2007.

“His dramatic exploration of French history reads with fictional embellishment but is nonfiction at its best.” - Midwest Book Review.

About the Author: F. Patrick Butler holds a Ph.D from The American University of Washington, D.C. He is a professor at Franklin College, Lugano, Switzerland, and has taught at Georgetown University and the Universities of Stockholm and Innsbruck. He is currently working on a sequel to *Cavorting with Strangers*, one that focuses on the historic figures of Spain.

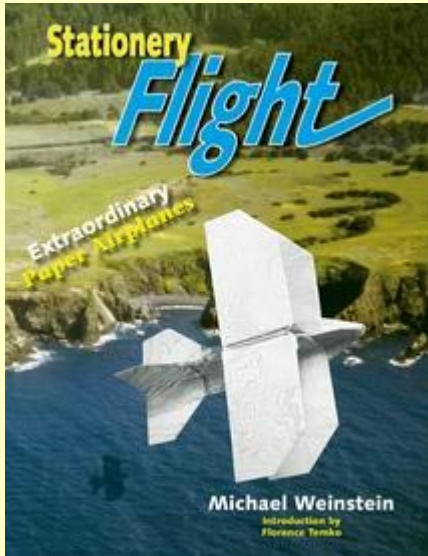
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STATIONERY FLIGHT

Extraordinary Paper Airplanes

By Michael Weinstein



ISBN # 1-879384-46-9. Paperback. 144 pp. 2004. Cypress House. \$15.95.

Michael Weinstein's first book is the 2005 Silver Award winner, ranking second overall and second for interior design of a book. This collection features thirty new, advanced designs for paper airplanes, ranging from simple craft that anyone can fold with ease to more complex designs for the skilled folder. A description of each plane's aerodynamic properties accompanies the fully illustrated folding instructions.

In her Foreword, Florence Temko writes: "Prepare to immerse yourself in the world of flight and origami with *Stationary Flight*. This book contains directions for constructing unusual paper airplanes using a wide variety of folding techniques. Michael Weinstein combines his extensive knowledge of origami with his interest in aerodynamics (he flies his own airplane) to create a collection of paper models that includes gliders, fighter jets, bombers, an antique biplane and other craft. Some exhibit little resemblance to conventional airplanes, yet all are capable of flight. Along the way, Michael explains aerodynamic forces and describes origami techniques that you'll enjoy immensely."

"I got this book for my children; however, my husband quickly picked it up and started reading it. There are planes that are easy enough for the children to make and intriguing enough for my oragami expert husband. The pictures are clear and easy to follow. My only complaint is now I have a house full of airplanes with adults and children flying them all around. Great book!" - C. Born.

"Stationery Flight gives good information about the dynamics of flight in general and provides thirty-three planes sorted by style. The majority are made from a single sheet of paper. My friends and their children found the diagrams helpful in succeeding with paper airplane making. The book shows line drawings of the front, side and top view to help shape the final form. Hours of great fun." - Vann Cornelius, San Diego, CA.

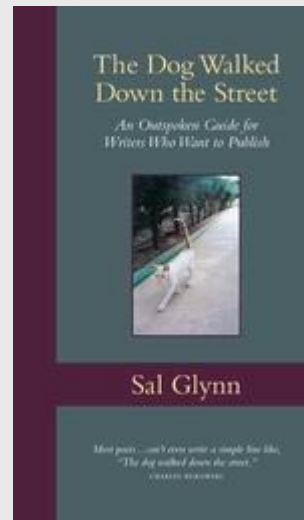
About the Author: After earning a Ph.D at the University of California, San Diego, Michael Weinstein became an assistant professor of molecular genetics at Ohio State University. An experienced pilot and origami enthusiast, the Toledo, Ohio native has begun work on his second book of advanced folding designs for paper airplane enthusiasts.

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The Dog Walked Down the Street

An Outspoken Guide for Writers Who Want to Publish

By Sal Glynn



SBN: 1-879384-66-8. Paperback. 96 pp. September 2006. Cypress House. \$13.95.

Besides having clean socks and ready access to the Internet, writers of any language need all the help and support they can get when it comes to dealing with the strange and frustrating world of publishing. Sal Glynn helps you get started, write well, and keep on writing. Whether you're looking for tried-and-true tools for polishing your manuscript or are mired in your first book proposal, his information and encouragement will keep you going. Everything is here: Writers hoping to be translated into American English can benefit from the chapter on contracts, as well as keep fit with the chapter "A Healthy Writer is a Writing Writer." Opinionated, irreverent, and derived from years of hands-on experience, *The Dog Walked Down the Street* will become the most dog-eared book on your writing desk.

"A welcome, thoroughly useful, and critically essential addition to any dedicated author's reference shelf." - *Midwest Book Review*.

"Glynn is like the RCA Victor dog listening for his master's voice. Trust his ear." - Brian Peterson, compiler of *The Great Duck Misunderstanding and Other Stories*.

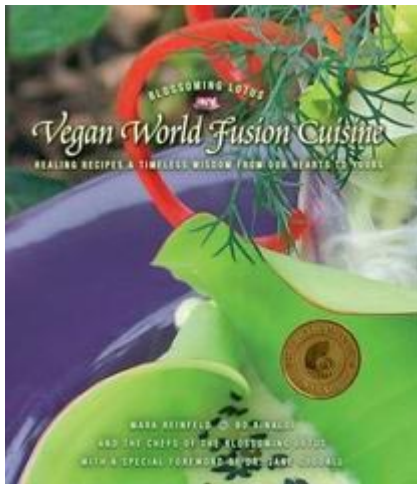
"Sal Glynn gives it to us straight and with (FINALLY!) a sense of humor. Dog Walks.. is a must-have for writers trying to publish. It's smart without being pretentious, thorough without being overwhelming, and all in all the perfect handbook for writers of all shapes/sizes/levels." - Rebecca Woolf, author of *Rock the Cradle: Adventures in Urban Motherhood*.

About the Author: Sal Glynn worked as managing editor for book publishers in the San Francisco Bay Area until becoming a freelance editor and book midwife. He has written articles and taught classes on writing and publishing, and been on faculty at the Big Sur Fiction Writer's Workshop and the Mendocino Coast Writer's Conference.

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Vegan World Fusion Cuisine (3rd Edition)

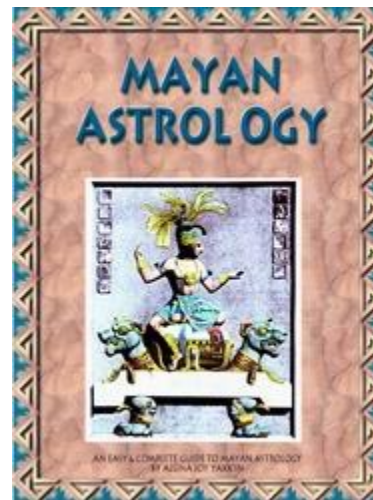
By Mark Reinfeld and Bo Rinaldi



MAYAN ASTROLOGY

An Easy and Complete Guide

By Aluna Joy Yaxk'in



ISBN 0-9752837-2-3. Caseback. 256 pp. Illustrated. 3rd Edition. April 2005. Cypress House. \$24.95.

Vegan World Fusion Cuisine is a celebration of over two hundred international gourmet vegan and live food cuisine recipes. In a simple and easy-to-follow format, it introduces ingredients and techniques that allow you to awaken the creative chef within, gently guiding you towards a lighter, more healthful diet. This Wisdom Work for the twenty-first century, from the Chefs of The Blossoming Lotus Restaurant, on Kauai, Hawaii, is designed as a manual for nonviolent living with a comprehensive resource guide that lists over fifty groups and organizations working for peace and a sustainable future. With full-color food photography and sacred site images from around the world, as well as countless wisdom sayings, *Vegan World Fusion Cuisine* will become a cherished keepsake and a reminder to all of the beauty and hope that life on our planet has to offer.

Vegan World Fusion Cuisine has won several major national awards, including: Gourmand World Cookbook Awards, Category: Best Vegetarian Cookbook - English; PETA Progy Award - Best New Cookbook; VegNews Magazine Veggie Awards: Cookbook of the Year; Nautilus Award Winner; Best Small Press; Platinum Carrot Award—Mark Reinfeld, Founding Chef of Blossoming Lotus Restaurant in Kapaa, Kauai was selected as Top Chef in the 'Live Food' category by the Aspen Center for Integral Health.

"The most wonderful food...this cookbook is a beautiful gift for all of us interested in healthy living." - Pierce Brosnan, actor.

"I heartily recommend [this book] for anyone seeking a healthier, inspired and more peaceful life." - Deepak Chopra, Author, *Peace is the Way*.

"There is much here that will...help you discover the sense of well-being...that results from a vegetarian diet." - from the Foreword by Dr. Jane Goodall, DBE, Founder, Jane Goodall Institute, UN Messenger of Peace.

"Here we have beautifully presented recipes that are delicious, fun, easy to prepare and healthy." - John Robbins, Founder, EarthSave International.

About the Authors: Blossoming Lotus founder **Mark Reinfeld** has a Master's Degree in Holistic Nutrition from the Clayton School of Natural Healing and has been developing gourmet vegan and live food cuisine recipes for over twelve years. Vegan Fusion co-founder **Bo Rinaldi** is the visionary devoted to healing and service that introduces the blossoming lotus to the international community. A natural food chef for over forty years, he deeply believes that nonviolence and the vegan lifestyle are the path to global peace.

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ISBN # 0-9678248-0-X. Softcover. 124 pp. Illustrated. 1995. \$22.00.

Containing enlightening interpretations of the twenty Mayan glyphs and the thirteen Mayan numbers of cosmic understanding, *Mayan Astrology* is a complete guide to an ancient cosmology created by the Star Elders and carried through time by the indigenous Maya. This book helps you establish an intimate connection between yourself, the earth, and the cosmos. Complete with decoding tables to convert birth dates, and with worksheet examples—and much more—*Mayan Astrology* will initiate you into a journey into multidimensional time that will reactivate your self-awareness. Use this guide for readings, divination, deeper relationship understanding and future prophecy. Influenced by the world's leading Mayan astrology researchers, and the Star Elders themselves working through Aluna Joy, *Mayan Astrology* synthesizes indigenous, galactic and modern-day interpretations of the calendars.

"This book introduces the reader to a new astrological system based on the Mayan understanding of the universe. Using this system, one is able to chart any date by the Mayan calendar with corresponding suns, light pulse, sacred number, and direction. This information can then be used for knowledge and understanding of past and present people, places, and events. Many years of study appear to have gone into Mayan Astrology. The result is a very interesting view of the Mayans." - Cheryl Holland, *The Lion and Flamingo*, Rockmart, Georgia.

"Yaxk'in provides all the charts and forms necessary to work out the Mayan horoscope. These are beautifully executed, and the practitioner is encouraged to copy the forms, draw, and write on the copies. Yaxk'in writes, for example, 'Pick the one that calls you and draw them in. I believe that memory activation comes from playing with the many forms of the glyphs.' For the impatient among us, Yaxk'in provides a simpler means to determine our sacred sun and year. Working with Yaxk'in's book was both interesting and inspirational." - Karen Morrione, *Aquarius Paper*.

About the Author: Aluna Joy Yaxk'in is an internationally known author of Mayan Astrology, spiritual life coach, sacred site guide, sacred site essence formulator, alternative historian and modern mystic. With her personal vulnerability and down-to-earth realness, she inspires and encourages others to recognize and accept their own authentic divinity by sharing inspirations from the Masters of the Americas, the Ancient Maya a.k.a. the Star Elders, and from her own vast personal experiences. Born clairvoyant and clairsentient, Aluna's work has been influenced by a life-long interaction with the Star Elders, combined with a series of shamanic experiences that accelerated over two decades of travel in Central and South America. She is known for her unique ability to read sacred sites a.k.a. "spiritual archaeology." She acts as a cross-cultural, sacred site

guide on unique spiritual pilgrimages to the Maya and Inca lands. She also offers personal and group Star Elder Healing Sessions. Her articles have been published worldwide since 1994.

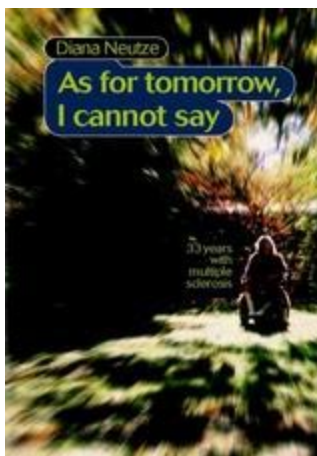
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AS FOR TOMORROW, I CANNOT SAY

33 Years with Multiple Sclerosis

By Diana Neutze



A joint publication of New Paradigm Books and Hazard Press, New Zealand <<http://www.hazard.co.nz>>. ISBN 1877270172 (N.Z.). ISBN 1892138069 (U.S.). Paperback. 104 pp. February 2002 (U.S.). \$13.95.

New Zealand poet Diana Neutze was in her late 20's, living in London with her husband and young son, when she discovered that she had multiple sclerosis. More than three decades later, wheelchair-bound and largely confined to her Christchurch home, she has told her remarkable story. Fiercely independent and passionately determined, she has fought the illness with every psychological and physical weapon in her armory. *As For Tomorrow, I Cannot Say* is a tribute to the power of the human spirit.

"I am recommending it to young doctors because it contains insights into managing multiple sclerosis that they will not find in their textbooks." - Jon Simcock, M.D., Neurological Foundation of New Zealand, Auckland

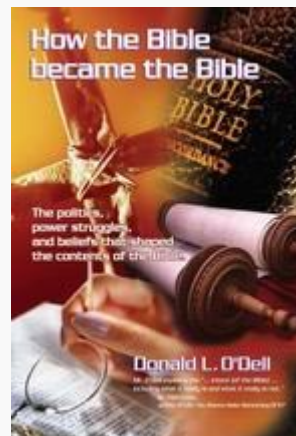
"It's difficult to write of your own misfortunes without self-pity. It's also difficult to live with long illness without becoming self-centered. Diana Neutze's autobiography of multiple sclerosis, though, shows that both are possible. Given the unforgiving nature of her disease, Neutze's achievements show admirable strength of character, but read her book and you'll quickly realize that, even better, her outlook is suffused with humour (often directed at her predicament) and an abiding interest in other people. This humility lifts Neutze's book from being a mere chronicle of an illness into a manifesto of spunk. But the best thing about this little book is that "victim" isn't part of Neutze's vocabulary. By the time you've finished it, you won't be surprised to learn that the manuscript was typed with only one finger in a single month!" - **Wanganui Newspapers**, N.Z, April 23, 2002.

"This book is a revelation and an inspiration...[It] deserves to remain in print forever, as a classic resource." - Quality Web Content. - "A story of courage, determination and extraordinary creativity." - Helen J. O'Neill, **TAKAHE Literary Magazine**.

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How the Bible Became the Bible

By Donald L. O'Dell



ISBN # 0-7414-2993-4. Paperback. 308 pp. March 2006. Infinity Publishing. \$19.95.

Recipient, Florida Writers Assoc., 2006 Royal Palm Literary Award.

How did a collection of scrolls, laws, songs, poems, narratives, and letters get put together, declared sacred, and called the Holy Bible?

The author makes the case that our human nature has always had a strong desire for simplistic, black-and-white, religious beliefs—a desire to know that one's right. This quells doubt and, as such, is fear-based. This inclination had its beginnings in the Old Testament, led to abuses in Israel's Temple-State system, and influenced the documents that were eventually included and excluded from the New Testament.

These same fear-based beliefs dominate today's fundamentalist and evangelical churches, leading them to misuse the Bible as they attempt to shape our society.

Reading this book, you will understand how and why this occurred. You will also understand the original message of the prophets and Jesus.

"I teach the Bible courses at Unity Institute. I have placed your book...on the recommended reading list for all students of these courses." - Rev. E.J. Niles, Unity Village, MO.

"Mr. O'Dell has done insightful research to explain simply the pure intent...of this greatly misunderstood book and how it came to be." - Dr. Tom Costa, Minister Emeritus and founder, Palm Desert, CA, Church of Religious Science, author, *Life: You Wanna Make Something of It?*

"The book discusses very technical subjects, yet makes them understandable to the average reader... [it] has the ability to provide healing insight among today's dogmatic and divisive approaches." - Lee Carroll, author, *Indigo Children* and the "Kyron" books.

"O'Dell believes that interpreting the Bible literally, taking at face value all that it contains, does the Good Book and its authors a great disservice. What must be taken into account, and seldom is, is historical context. Once this is accounted for, according to O'Dell, one can finally sift through the rubble of the ages and extract what they believe is the true and relevant word of God." *Folio Weekly*, Jacksonville, FL, April 2006.

About the Author: Donald L. O'Dell holds a Master of Divinity from Princeton Theological Seminary and an undergraduate degree in history from North Texas. As an ordained United Presbyterian minister, he served as a street gang minister in Trenton, N.J. In addition, he had two separate pastorates in Oklahoma, where he also served as chaplain in a county hospital. He continued to serve smaller congregations after he joined the private sector in business. Semi-retired, he now resides in Florida.

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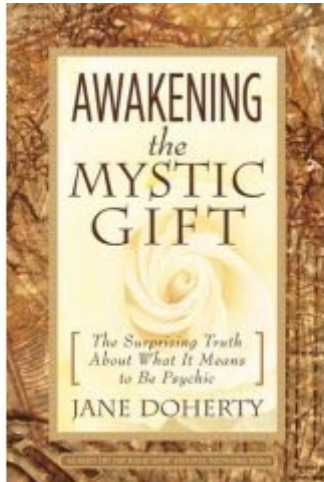
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Awakening the Mystic Gift

The Surprising Truth About What It Means to Be Psychic

By Jane Doherty



ISBN # 0-9746659-6-7. Hardcover/Casebound Cloth. 320 pp. 2005. Hummel & Solvarr/Jane Doherty. \$24.95.

Awakening the Mystic Gift is an empowering approach that is both a message of hope and a guide to help readers break through to a new level of awareness. This life-changing book reveals a hidden message. Join renowned psychic Jane Doherty as she unravels her real-life adventures of how an ordinary woman overcame the challenges of her changing beliefs to crack the psychic code. Her story unveils the discovery of the connection between God and psychic ability. It's a spell-binding journey that just might open your own gift.

"The real charm of this book is the intimate manner in which it is told." - ForeWord.

"This book is not only a textbook on mysticism but also a take-to-bed thriller." - Bookwire.

"I started to read the book in preparation for my interviewing Jane on my radio show. I tried to read it in between watching the World Series, but I couldn't stand not knowing what happened next in her book. So I turned off the TV to read the book." - Radio host from Oregon.

"This book offers insights, emotions and a lovable person's life-purpose journey for helping others. Jane is like a long-lost close friend catching up with you through the pages. This book is a must-read for anyone who wants to experience a great true story and anyone interested in psychic phenomena." - Charles Finkelstein.

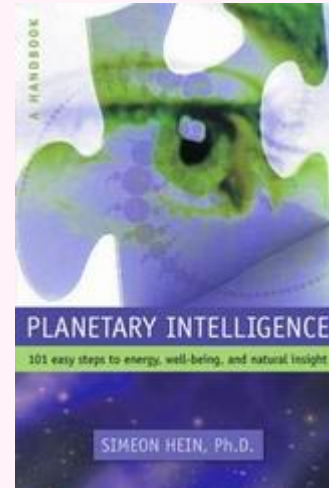
About the Author: Jane Doherty has been named one of the top twenty psychics by Dr. Hans Holzer. She is star of the network TLC's TV show "Dead Tenants" and the DVD series "Jane Doherty Investigates." Doherty has also been featured in publications such as the *New York Times*, *NY Post*, *Industry Standard* and *Woman's World Weekly*. Her voice has been heard on more than 150 national radio stations, and she has appeared on Fox Network News, Reuters News Media and many other TV programs.

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Planetary Intelligence

101 Easy Ways to Energy, Well-Being, and Natural Insight

By Simeon Hein, Ph.D



ISBN # 0971586357. Paperback. 152 pp. Illustrated by Ira Liss and Peter Sorensen. March 2006. Mount Baldy Press. \$9.95.

Maximize your planetary potential with this easy-to-read picture book. Filled with original art and crop circle drawings, it will show you how to feel connected to yourself and the planet with 101 ways to increase your planetary intelligence. These simple activities will help increase your awareness and understanding of yourself and the universe around you. Contains over 80 black-and-white English crop circle illustrations and 20 original line drawings. Now you can naturally enjoy: more energy; enhanced intuition; greater relaxation; deeper creativity; and effortless spontaneity.

"Planetary Intelligence reminds us of the importance of connecting to the power of nature, to make intelligent choices about who we are, and how to best maintain our balance within the natural world." - Lynn Hill, author, *Climbing Free: My Life in the Vertical World*.

"This is a critically important topic and one which is lost in the daily volume of mostly unimportant and overwhelming 'noise' that we live in. Dr. Hein has my complete attention and agreement . . . This book is more important and meaningful than anything I've read in a very long time." - Colin Andrews, author, *Crop Circles: Signs of Contact*.

"Planetary Intelligence teaches us a whole-brain language for understanding the larger universe." - Lorraine Moller, Olympic Medal Winner, lecturer, and author of *On The Wings of Mercury*.

"He reminds us of the need to slow down our lives, and to learn from the symbols and messages that surround us." - Courtney Brown, Ph.D, director, The Farsight Institute, author, *Remote Viewing: The Science and Theory of Nonphysical Perception*.

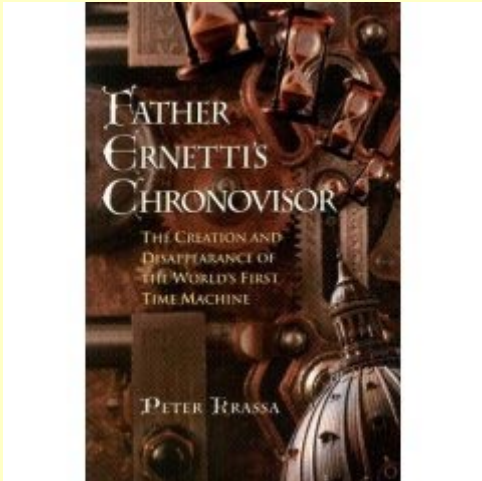
About the Author: Simeon Hein holds a Ph.D in sociology from Washington State University and is the author of *Opening Minds: A Journey of Extraordinary Encounters*, *Crop Circles*, and *Resonance*. A former sociology teacher, he now runs the Institute for Resonance in Boulder, CO, which he founded in 1997, and which instructs people in the art of resonant viewing, the scientific study of crop circles, and anomalous phenomena.

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FATHER ERNETTI'S CHRONOVISOR

The Creation and Disappearance of the World's First Time Machine

By Peter Krassa



ISBN # 1892138026. Paperback. 224 pp. 2000. New Paradigm. \$16.95.

Father Pellegrino Maria Ernetti (1925-1994) was a Benedictine priest, scientist, and world-class authority on "archaic" music (pre-Christian to 10th century A.D.). He claimed to have yoked quantum physics to the occult arts to construct a time-machine—the chronovisor. Father Ernetti said he had traveled to Rome in 169 B.C. to watch a performance of the lost tragedy, *Thyestes*, by the father of Latin poetry, Quintus Ennius. He claimed to have used the chronovisor to watch Christ dying on the cross. Why would so distinguished a churchman have felt the need to fabricate such a story? Is the Vatican suppressing the full truth about Father Ernetti's life and achievements? The reader may well find the answer in this book.

"Peter Krassa's book is a well-researched account of Ernetti's life and work that has garnered huge critical acclaim." - X-Factor, June 2000.

"Wow! Once you start reading Father Ernetti's Chronovisor, you won't put it down till you've finished. It is a first-rate, challenging mystery-thriller, not fiction but—whatever the true explanation behind it all is—the 'real thing!'" - Berthold E. Schwarz, M.D. (Psych.), author, *UFO Dynamics*.

"CERTAINLY A CULT CLASSIC IN THE MAKING. 4 out of 4 Stars....A beautifully written literary-cum-fictional experiment, in the Umberto Eco tradition....This style, while not 'stream-of-consciousness' or collage, nevertheless juxtaposes many elements: an esoteric story, essays on occultism, historical elements and technological myths....We are treated to a fascinating investigation threading through Edison, Edgar Cayce, Mesmer, and even Whitley Strieber!" - Colin Bennett, *Fortean Times*.

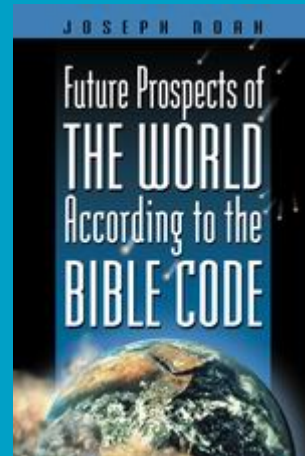
About the Author. Peter Krassa is a well-known journalist in Vienna, Austria, who has authored over 25 books, including works on Erich von Danigen, ancient astronauts, the Count of Saint-Germain, and many more.

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Email: <darbyc@earthlink.net>, Website: <<http://www.newpara.com>>.

Future Prospects of the World According to the Bible Code

By Joseph Noah



ISBN # 1-8921380-7-7. Paperback. Illustrated with 61 Matrix Slides. 208 pp. February 2002. New Paradigm. \$16.95.

Joseph Noah tells us in the Foreword that, according to the Bible Code, 9/11 was the start of a ten-and-a-half-year countdown, the time and half time as prophesied in Daniel 12 and described in *The Revelation to John*.

Using the Bible Code, the author searches Daniel and Revelation and discovers grim prospects for our future: H-bomb war between East and West, asteroid strikes, plagues, a 20-degree pole shift, a generation of still-born babies, and much more. He places these prophecies, which he calls "prospects," in the context of previously unknown Bible Code predictions that have come true, and leads us through a sweeping historical analysis that includes both the known and unknown history of mankind (among the latter: the story of the ever-reincarnating angelic forces that guide our destiny). Noah insists that only through acts of goodness can we change our future, and reveals the glowing vistas of peace and prosperity that await mankind, if only we grow up.

"A lot of significant new details have been discovered in this book, particularly for the period 2010-2012." - EXODUS 2006 Web Site <<http://exodus2006.com/codes2.htm>>.

"Its depth and focus are intense and eye opening...For those of you that are into religious theology, this is a must read, and would make a wonderful addition to your spiritual library." - Ann Findley, *PAATHways Magazine*, May-June 2003.

"This is a scary book in many ways, for it sets out to establish further findings in the Bible Code index. It is also a guide to survival, and for the readers of paranormal writings it will prove interesting reading." - Lee Prosser, *Ghostvillage*, Sept. 4, 2003.

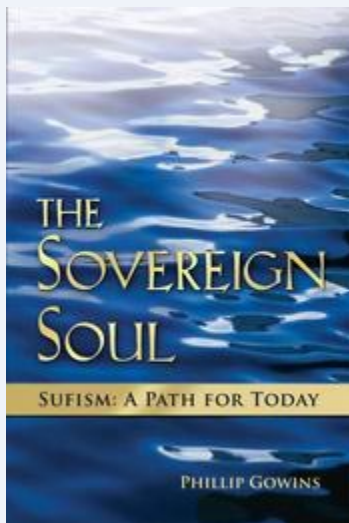
Joseph Noah was interviewed by actress/author **Shirley MacLaine**, on May 19 & June 2, 2002, on her **Independent Expression Radio Program** at <<http://www.shirleymaclaine.com>>, and by **George Noory** on Nov. 10, 2003 on the **COAST TO COAST AM Radio Show (formerly The Art Bell Show)** <<http://www.coasttocoastam.com>>. Both interviews may be accessed from the archives of these websites.

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THE SOVEREIGN SOUL

Sufism: A Path for Today

By Phillip Gowins



ISBN 978-1-892138-10-1. Paperback. Preface. 224 pp. July 2006. New Paradigm Books. \$16.95.

The aim of the 1,500-year-old spiritual tradition of Sufism, it has been said, is "the elimination of all veils between man and God." In June 2004, Sufi Master Pir Vilayat Inayat Khan died peacefully at his home in Paris, France. As leader of the Sufi Order International which first brought Sufism to the West in 1910, Pir Vilayat had spent more than 40 years teaching this and other truths of Sufism to audiences in the U.S., Europe and Asia.

For 25 years, Sufi teacher Phillip Gowins was able to take advantage of the many visits of Pir Vilayat to the New York area of the U.S. Thus *The Sovereign Soul: Sufism: A Path for Today* is a homage to the Master, providing as it does an introduction to the ancient stream of wisdom embodied by Sufism, but present in other religions and humanistic philosophies as well, that Pir Vilayat was able to impart to students around the world.

The Sovereign Soul is also a description, always concrete, often humorous, of the mystical path that Phillip Gowins himself has pursued over the years. With many examples and exercises, he shows us how we can practice the spiritual life ourselves. The path he lays out is strewn with pitfalls and pleasures alike. He tells us how we can avoid the one and enjoy the other, and attain to love and self-mastery in the increasingly complex 21st century.

From the Preface by Debra Bunch Ghosh (Abi-Ru Shirzan):

Sufis tend to emphasize that, as a form of communication, words are too limited to have great value. Even Rumi, the prolific poet, whose 30,000 verses top American bestseller lists 750 years after his death, scoffed at the ability of words to convey 'that Reality.' A Sufi book, then, is something of a paradox. It is a collection of words about something that cannot be conveyed in words. Phillip Gowins, in this insightful personal narrative, acknowledges as much, more than once.

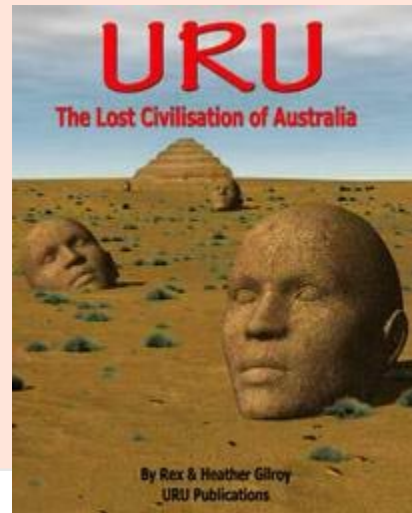
Why read it, then? Rumi, asked a similar question, replied, 'Words set you searching. They are not the objects of your quest.... Words are like glimpsing movement far in the distance. You start in that direction to see better.' And so, in reading the words that follow, you set your feet on a trail.

Just the act of picking up this book and glancing at it suggests you are a seeker. You may have been intrigued by its title and wanted to know more. You may even have heard about Sufis and wondered who they are...

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URU: THE LOST CIVILIZATION OF AUSTRALIA

By Rex and Heather Gilroy



ISBN # 0-9578716-4-3. Paperback. 380 pp. III. 600 photographs. 2005. URU Publications. \$55.00 AUD.

The product of a lifetime of research, *URU: The Lost Civilization of Australia* provides evidence that Australia was the true location of the "lost paradise" traditions of antiquity best exemplified in Plato's account of the lost continent of Atlantis.

Bit by bit, over many years, the authors have pieced together proof that, in Australia, a mighty megalithic culture calling itself the Uru developed a written script many thousands of years before the rise of Sumer (where, according to tradition, writing was invented), around the fifteenth century B.C. The Uru invented the first crude gliders and hot air balloons with which they took to the air, giving birth to the original "Birdman" cult that they would in time spread beyond Australia.

Explaining that the advanced stone-age civilisation of the Uru was the "mother" civilisation itself, the Gilroys further reveal that the Uru not only flew in the skies but were a maritime community whose strong sea-going craft ventured far out into the Pacific.

The authors write: "*URU: The Lost Civilization of Australia* is the result of over forty years' field investigations and intensive research into the books of ancient writers, comparative mythology and epigraphy. Our discovery of this people's identity did not come easily, but was revealed in a gradual process, beginning with Rex's initial discoveries, from the mid-1960's onwards, of serpent- and eagle-shaped stone altars in the Blue Mountains west of Sydney. This culminated in his discovery of mystery rock inscriptions near Katoomba in 1974.

"The megalithic standing stones, temples and stone heads of the gods of Uru stand scattered across the timeless Australian landscape, guarding a hitherto-lost past now about to be revealed. The lost civilisation of Uru is the great mystery of Australia's ancient past. The gods of Uru rise once more from the earth to demand renewed worship—Aea, Nim, Nif, Ara, I-na, Ga-na, Ura, Aru, and many more. Reader, we present to you the Uru!"

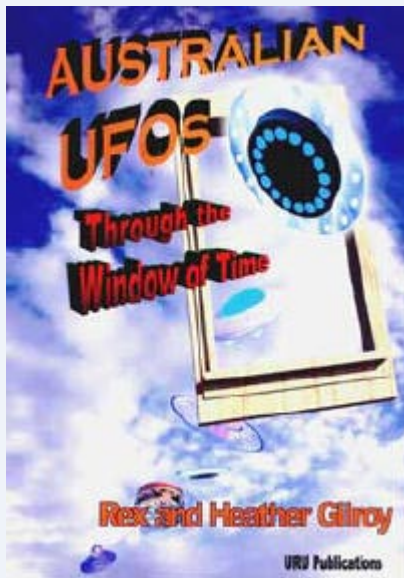
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AUSTRALIAN UFOs

Through the Window of Time

By Rex and Heather Gilroy



ISBN # 09578716-2-7. Paperback. 297 pp. III. 2004. URU Publications. \$55.00 AUD.

In *Australian UFOs: Through the Window of Time*, leading Australian UFOlogists Rex and Heather Gilroy present a book filled with hundreds of UFO sightings, close encounters, ET abduction cases, "ancient astronaut" evidence and the experiences of people who have stepped through "time windows." *Australian UFOs* is unique in that the authors have drawn on their own archaeological researches to present original evidence for ancient megalithic astronomy in Australia and possible contacts by "ancient astronauts."

Here is an excerpt from *Australian UFOs* (author Gilroy writes that this legend was related to him by Aboriginal actor/historian Ben Blakenley):

"Aboriginal tribespeople of Arnhem land, Northern Territory, believe that in the long ago 'Dreamtime' a great silver bird landed upon a certain plateau to lay a big silver egg, out of which the first tribespeople hatched. They were white-skinned. Around the Ayers Rock region, local tradition has it that the ancestors of the Aborigines came from the stars. A version of the story goes as follows:

"Long, long ago, far back in the Dreamtime, a great red-coloured egg [i.e., a spaceship] came down from the sky. It tried to land safely on the ground but broke [i.e., crash-landed]. Out of it emerged white-skinned culture heroes [gods] and their children.

"The children's elders soon died, either through their old age or because they could not accustom themselves to our atmosphere. The children, however, were young and able to adapt more easily to their new surroundings. They carved and painted the likenesses of their parents upon cave walls to perpetuate their memory.

"In time, the great red-coloured egg rusted away until its remains had merged with the ground, thus creating the red soil of Central Australia. The children of the culture heroes who came from the sky grew in number until they eventually populated the whole land, their skins turning black due to the hot climate."

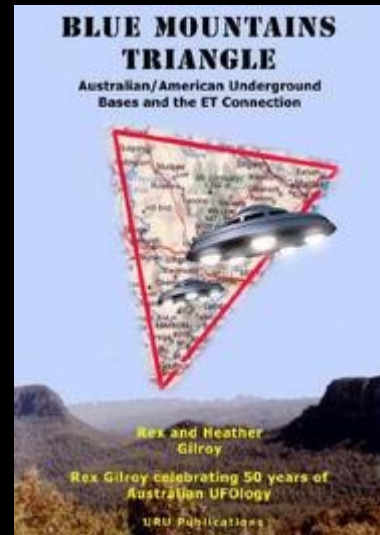
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BLUE MOUNTAINS TRIANGLE

Secret Underground Australian/American Bases and the ET Connection

By Rex and Heather Gilroy



ISBN # 978-0-9578716-6-3. Paperback. 218 pp. III. 2007. URU Publications. \$45.00 AUD.

With the publication of *Blue Mountains Triangle*, Rex Gilroy celebrates his fifty years of Australian UFO research. Together with his wife and fellow researcher Heather, he has with this book (the result of forty years' research) uncovered the Australian UFO conspiracy of the century, and one of the deadliest, best-kept secrets of the Australian and American governments and military: an incredibly massive underground space travel technology research facility deep beneath the Blue Mountains west of Sydney, New South Wales, Australia.

This ground-breaking work chronicles the long history of UFO sightings, close encounters, alien abductions and other UFO-related phenomena experienced by many people throughout the Blue Mountains region covered by this "triangle" in which there have been many disappearances of people and aircraft.

Blue Mountains Triangle also explores: the "time-window" experiences of people who have chanced to step in and out of time barriers; the vast underground world created by U.S. and Australian scientists and the military (a top-secret operation that has gone on since the beginning of the Cold War, using a super-advanced space travel technology that appears to be of ET origin); and the underground world of the Blue Mountains, comprised of vast living areas or "towns/cities" linked by road and rail and possibly connected to a giant space station orbiting our planet.

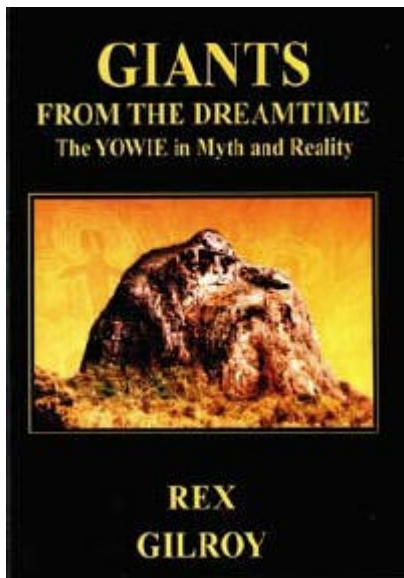
This is a landmark book in the history of Australian UFOlogical research, produced by a husband and wife team who believe that the Australian public has a right to know what the authorities have been doing behind their backs—and about the mammoth conspiracy that lies deep beneath the surface of the Blue Mountains Triangle.

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GIANTS FROM THE DREAMTIME

The YOWIE in Myth and Reality By Rex Gilroy



ISBN # 0-9578716-0-0. Paperback. 277 pp. Ill. 2001.
URU Publications. \$60.00. AUD.

The focus of *Giants from the Dreamtime* is the Yowie—the legendary, hairy, hominid creature that is the Australian equivalent of the Abominable Snowman of the Himalayas and the Sasquatch or Bigfoot of North America. Rex Gilroy's scientific investigation of Australia's own fabled Yowie is crammed with information, photographs, and hundreds of sightings reports—enough circumstantial evidence for the author to conclude that the Yowie is indeed real and comes in several variations, the largest identified as *Gigantopithecus*.

The author himself observed a Yowie at close quarters. He sums up in a separate publication: "I have seen a Yowie, so-called *Homo erectus*. I've done a sketch of basically what I saw. He just seems to be at peace with nature. He was just going about his own business. Whether he'd seen me, I don't know. But I saw him, and he just kept on going until he was out of sight from the scrub, and I haven't forgotten that."

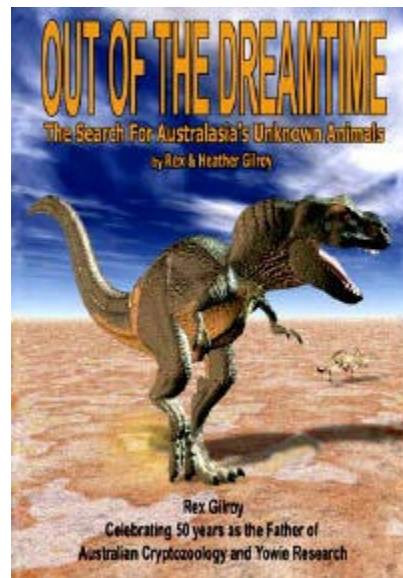
"The range that this hairy Ice Age hominid allegedly covered (and may still cover) included not just Australia but Papua New Guinea, New Zealand and some of the Pacific islands. This suggests its original territory was broken up by a major geological cataclysm in a long-gone age. The photos of these overly large hominid footprints and their plaster casts are hard to ignore. But, as Rex is so keen to point out, mainstream scientists in Australia are all too eager to dispel evidence that is crying out for attention and scientific analysis. So much controversial evidence is passed over because it doesn't fit the consensus or come from an 'established' scientist." - NEXUS New Times, Sept.-Oct. 2001.

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OUT OF THE DREAMTIME

The Search For Australasia's Unknown Animals By Rex Gilroy



ISBN # 09578716-5-1. Paperback. 602 pp. Ill. 2003.
URU Publications. \$65.00 AUD.

Scotland has its Loch Ness Monster ("Nessie"). The Himalayas have their Yeti, or Abominable Snowman. North America has its Bigfoot, or Sasquatch. The Amazon jungles boast of rarely-glimpsed giant snakes, and the Congo has its Mokele-mbembe, a kind of giant dinosaur-like reptile.

In *Out of the Dreamtime: The Search for Australasia's Unknown Animals*, author/researcher Rex Gilroy sets out to show us that Australasia has its own "possible/impossible" species. There is the Yowie, the subject of Gilroy's earlier book, *Giants from the Dreamtime: The Yowie in Myth and Reality*. But Gilroy also introduces us to: the sea- and lake-dwelling Loch Ness Monster lookalike of Aboriginal folklore called the Moolyewonk or Mirreeula; the so-called "extinct" Tasmanian Tiger; the "Australian Panther;" the Giant Australian Monitor Lizard; an assorted group of giant snakes, giant sharks, giant eagles—and, of course, the hugely enigmatic "Bunyip," that most fabulous of all mystical beasts celebrated in the Aboriginal animal traditions of ancient Australia.

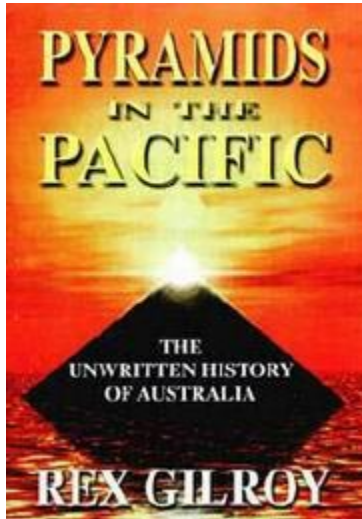
Rex and his wife and co-fieldworker Heather have backpacked into some of the wildest regions of Australasia, including New South Wales's Southern Alps, the Blue Mountains, and off-the-beaten track jungles in northern New South Wales and Queensland's Cape York. The fruit of many years of such perilous expeditions, *Out of the Dreamtime: The Search for Australasia's Unknown Animals* contains three thousand eyewitness accounts along with much other evidence, backed up by 780 photographs—all of which reveal the existence of an astounding array of mysterious, enigmatic, and scientifically-undocumented creatures. The culmination of fifty years of dedicated research, *Out of the Dreamtime* has justly been called "the Bible of Australian Cryptozoology."

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PYRAMIDS IN THE PACIFIC

The Unwritten History of Australia By Rex Gilroy



ISBN # 0-646-3963-3-1. Paperback. 320 pp. Ill. 2000. URU Publications. \$55.00 AUD.

In *Pyramids in the Pacific: The Unwritten History of Australia*, Rex Gilroy and his wife and co-fieldworker Heather set forth a vast array of evidence suggesting that the Great South Land of Australia has been a mining colony for waves of ancient Aryans, Sumerians, Egyptians, Phoenicians, Celts, Amerindians, Chinese, Japanese, Romans, Arabs and Polynesians, long before the Europeans (the Spanish, Portuguese, Dutch, French and British) found their way.

The remnant artefacts, inscriptions, coins, sculptures, monuments and structures (including the so-called Gympie Pyramid) described and shown in *Pyramids in the Pacific* deserve to be studied closely for their heritage value as well as for the revised historical perspective they offer the world.

“Amateur archaeologist and historian Rex Gilroy has devoted decades to exploring Australia’s hidden history—one that is not so readily acknowledged by mainstream academics. He’s been the bane of university archaeology departments and the National Parks & Wildlife Service, yet feted by thousands of ordinary people who have told him their stories of extraordinary discoveries and events in their lives. He has a style of his own and an admirable determination, having always self-funded his expeditions.

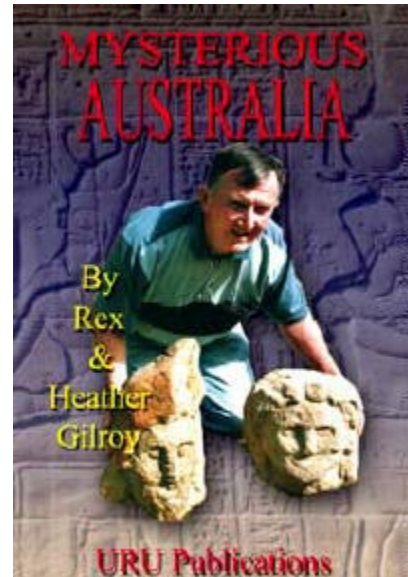
“Gilroy’s latest book, Pyramids in the Pacific, has been a work in progress for many years and has been enhanced by his recent trips to New Zealand, though its focus is largely on Australia. Some of the material Gilroy touched on in Mysterious Australia (1995), but in this new, large-format volume he details more of the bigger picture that has Australia and New Zealand settled in ages past by a megalithic people—whose writing might arguably be the world’s first script—and visited by umpteen cultures in the last few thousand years.” - NEXUS New Times, Jan.-Feb. 2001.

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MYSTERIOUS AUSTRALIA

By Rex and Heather Gilroy



ISBN # 0-9578716-1-9. Paperback. 299 pp. Ill. 2003. URU Publications. \$55.00 AUD.

Mysterious Australia is a ground-breaking work covering a cross-section of Australian cryptozoological and *relict hominid*, UFO and ancient Astronaut mysteries, all of which bear witness that there is still an incredible amount we do not know about “lost civilisations” and pre-Aboriginal Stone Age races.

About the Authors of the Foregoing Books: In 1953, **Rex Gilroy’s** parents took him for his first visit to the Australian Museum in College Street, Sydney. He was captivated by the insects and other zoological displays, by the fossil life forms, and by the archaeological and anthropological exhibits; the nine-year-old left vowing to become a naturalist and form his own collection of “bugs and rocks.” Up until then, Rex had been fascinated by his Scottish father’s tales of ancient castle ruins in his homeland and by the legend of the Loch Ness Monster. These tales, he would realise in later years, launched him on the path that led him to his studies of Australia’s “unknown” and “unwritten” ancient history.

Rex’s family moved to Katoomba in May 1958, and he discovered he was in the midst of a virtual laboratory—the Blue Mountains. Here, while completing his last six months of high school, he rapidly added to his growing natural history collection. That collection of “rocks and bugs” would grow from two cardboard shoe boxes in 1953 to become the largest privately-owned natural science collection in Australia, on display over the years in museums Rex Gilroy established on the Blue Mountains (the earliest when he was 21) and more recently in Tamworth, New South Wales. This collection is now stored at his home, where it continues to grow.

Rex Gilroy established the Australian Yowie Research Centre in 1965. In 1995, *NEXUS New Times* published his first book, *Mysterious Australia*. Now re-released by URU Publications, it continues to inspire and encourage other future young researchers. The Gilroys formed URU Publications in 1999.

When not in the field, **Heather Gilroy** (a Registered Nurse/Midwife by profession) works with husband Rex to prepare his completed manuscripts for printing, including the scanning of many photographs. She also attends to the advertising/promotion and distribution of the finished product.

Besides their many and varied researches, Rex and Heather are involved in community service work with their local Rotary Club in their hometown of Katoomba, New South Wales, 69 miles west of Sydney, Australia.